

## WHO WE ARE

The Capital Region Food Program (CRFP) is a private, not-for-profit, *all-volunteer* organization whose mission for 37 years has been to help reduce hunger in the Greater Concord Area through distribution of food to individuals and families.

Each year, the CRFP distributes over **100** tons of food in the Greater Concord Area by:

- Securing monetary donations through individual donors, corporations, and grants.
- Soliciting in-kind services from local businesses and the general public.
- Utilizing hundreds of volunteers.
- Collaborating with other community distributions and service agencies.

## WHERE WE SERVE

The Capital Region Food Program serves the following 18 communities:

- |              |              |
|--------------|--------------|
| ▪ Allentown  | ▪ Hopkinton  |
| ▪ Boscawen   | ▪ Loudon     |
| ▪ Bow        | ▪ Pembroke   |
| ▪ Canterbury | ▪ Penacook   |
| ▪ Chichester | ▪ Pittsfield |
| ▪ Concord    | ▪ Salisbury  |
| ▪ Contoocook | ▪ Suncook    |
| ▪ Dunbarton  | ▪ Warner     |
| ▪ Epsom      | ▪ Webster    |

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Honored as the 2008 Volunteer Program Champion  
Award winner in the non-profit group category

# Capital Region Food Program

**Volunteers Working to  
Reduce Hunger  
Throughout the  
Greater Concord Area  
Since 1974**



[www.capitalregionfoodprogram.org](http://www.capitalregionfoodprogram.org)

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## PROGRAMS

The Capital Region Food Program is comprised of two major initiatives that aid in feeding economically challenged families and individuals.

### ***Year Round Distribution Project (YRDP)***

- Formalized in 1992 to provide monthly supplemental food supplies to area food pantries in partnership with Associated Grocers of New England
- Food donated to partner agencies monthly is enough to supplement in excess of 5,500 meals to needy families
- Over 35 tons of food purchased, collected and distributed to participating agencies in 2010
- Partners with U.S. Postal Carriers Association and Granite United Way for Stamp Out Hunger!

### ***Holiday Food Basket Project (HFBP)***

- Established in 1974 to help those in need during the holiday season
- Partners with NH Armory National Guard as distribution center since 1983
- Food distributed to families and individuals provides a holiday meal and additional food to supplement meals for 2-3 weeks
- 70 tons of food secured by CRFP funds, as well as community food drives, fill the baskets

## HOW YOU CAN HELP

The Capital Region Food Program relies on donations and contributions from generous individuals and businesses to achieve our goal of reducing hunger in the Greater Concord Area.

### ***Financial Support***

Since its inception, the CRFP has operated with the commitment that every dollar raised is used for the purchase of food. Contributions are integral to our success.

### ***Your Time***

As an all-volunteer organization, we welcome both individuals and groups who can lend their time and/or expertise to the CRFP.

### ***In-Kind Contribution***

The CRFP relies on the support of key contributors who have offered their time, services, and/or to financial assistance to help our organization achieve its mission.

**Every** dollar donated to the CRFP is used exclusively to purchase food for our partner agencies and families and individuals in need.

For more information about the Capital Region Food Program, including services and how to volunteer or donate, please visit our website.

## PARTNER AGENCIES

For our year-round efforts, the Capital Region Food Program partners with nearly 30 agencies in the 18 communities we serve. Ten times throughout the year, we purchase supplemental food supplies and distribute them to the following pantries free of charge:

Allenstown Human Services  
Allenstown & Pembroke Interfaith Food Pantry  
Belknap / Merrimack CAP  
Blueberry Express Daycare  
Boscawen Congregational Church Food Pantry  
Boscawen Human Services  
Bow Human Services  
CenterPoint Pantry  
Chichester Food Pantry  
Concord Human Services  
First Congregational Church  
Friendly Kitchen  
Friends of Forgotten Children  
Hopkinton Food Pantry  
Immaculate Conception Church Food Pantry  
Loudon Food Pantry  
McKenna House  
Merrimack Valley Daycare  
Pembroke Welfare  
Pittsfield Food Pantry  
Salvation Army  
St. Paul's Church Food Pantry  
St. John the Evangelist  
St. Peter's Church  
Suncook/Allenstown CAP  
Unitarian Universalist Church  
United Church of Penacook  
Warner Community Action Program  
Webster Congregational Church Food Pantry

*For more information on these agencies, please visit our website.*