



Recently the Merrimack County Fitness Center had a challenge event to raise money in support of the Capital Region Food Program's Holiday Food Basket Project. Pictured above is Ross Johnson, co-chair of Merrimack County Fitness Center, presenting a check in the amount of \$2,500 to Maria Manus Painchaud, Capital Region Food Program Treasurer and chair of the CRFP Holiday Food Basket Project. Looking on are Aaron Turner, co-chair of Merrimack County Fitness Center, and Merrimack County Sheriff, Scott Hillyard. The 2013 CRFP Holiday Food Basket Project help 2500 families, over 7,800 individuals, in Concord and the surrounding 17 communities.

The Capital Region Food Program (CRFP) is a private, not-for-profit organization whose mission is to help reduce hunger in the Greater Concord area through year-round distribution of food to individuals and families. Since 1974 this has been accomplished by securing financial donations and in-kind services and by coordination, collaboration, and cooperation with other community distribution and service agencies.