

# Capital Region Food Program

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**HOLIDAY FOOD BASKET**

**PROJECT:**

Maria Manus Painchaud, Chair

**YEAR ROUND DISTRIBUTION**

**PROJECT:**

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Pamela Ordway, Co-Chair

**PUBLIC RELATIONS:**

Tori Berube, Chair

**DEVELOPMENT:**

Jarrett Duncan, Esq., Chair

<b>December 26, 2008</b>	<b>For More Information, contact:</b>
<b>For Immediate Release</b>	<b>Tori Berube (603-231-1396)</b>

## CAPITAL REGION FOOD PROGRAM RECOGNIZES VOLUNTEER HEROES

CONCORD, NH — Concord area residents Freda Spiro and Irving Morrison received the first Capital Region Food Program (CRFP) Volunteer Hero awards on December 17, at the CRFP's Annual Blessing of the Boxes ceremony.

"Irving and Freda exemplify the volunteer spirit which has made the CRFP's Holiday Food Basket Project a success for thirty-five years. The Board felt it was important to establish an award that would recognize individuals who had demonstrated an unyielding commitment, had longevity of service, truly believed in the mission of the organization as realized through their actions and deeds, and had the capacity and ability to marshal support for the program needs. Both Irving and Freda have been actively involved in the Capital Region Food Program for over 20 years. Over the years that have been involved in several aspects of the program but are most visible with their involvement in the Holiday Food Basket Project. Over the years, each persevered through personal health issues and consistently continued their commitment to the program. It is that commitment and desire to make a difference that has truly set them apart" states Maria Manus Painchaud, chair of the Holiday Food Basket Project.

The Volunteer Hero awards were presented during the annual Blessing of the Boxes ceremony, held at the NH Army National Guard. In attendance were Senator-elect Jeanne Shaheen, State Senator Sylvia Larsen, Concord Mayor Jim Bouley, and 100 volunteers.

Visit [www.capitalregionfoodprogram.org](http://www.capitalregionfoodprogram.org) for more information on how support the Capital Region Food Program throughout the year and to find a list of partner agencies supported by CRFP efforts.

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The Capital Region Food Program, in association with social service agencies, area food pantries, and church groups, has been dedicated to the elimination of hunger in Greater Concord Area since 1974 through distribution of food to individuals and families.

On an annual basis, the CRFP distributes over 100 tons of food through two initiatives. Thirty-five (35) tons of food is distributed through the Year Round Distribution Project which is held ten times throughout the year. Sixty-five (65) tons of food is distributed through the program's Holiday Food Basket Project, held in partnership with the New Hampshire Army National Guard each December.